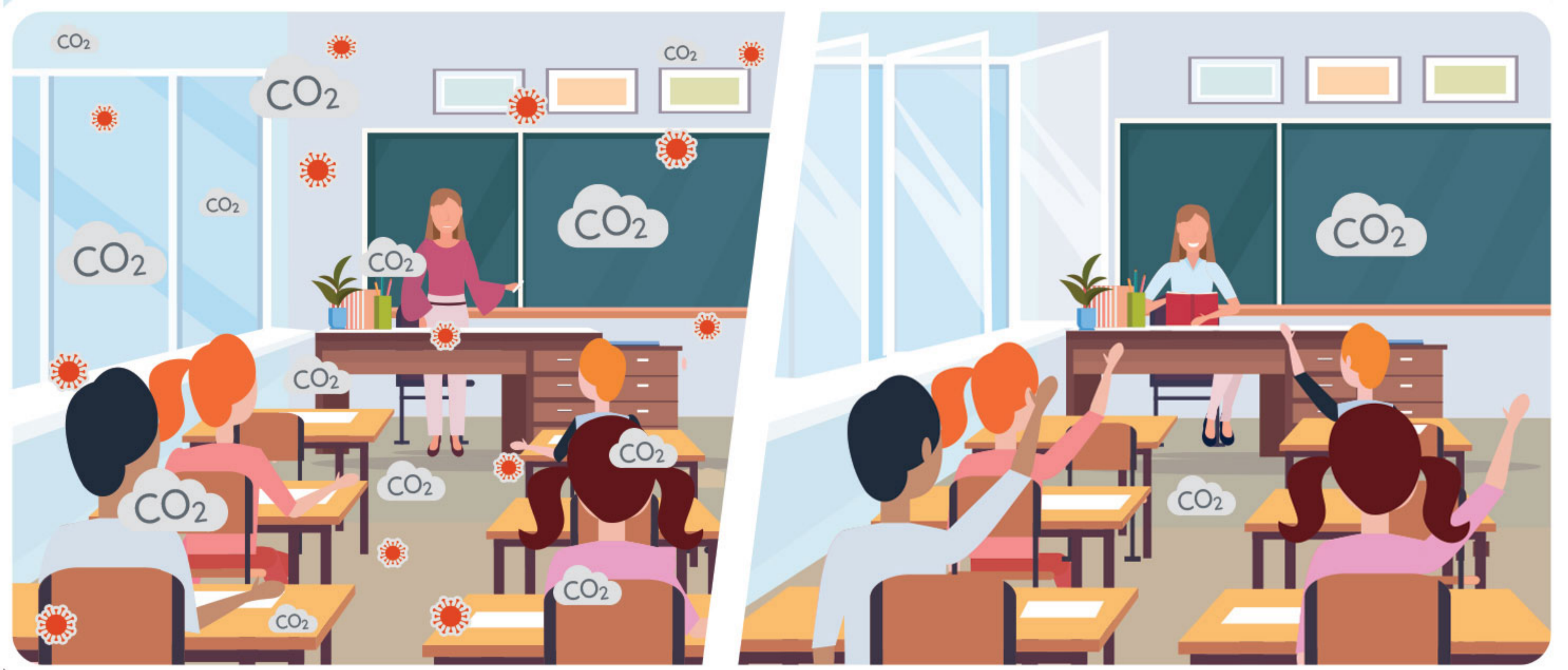


# Your CO<sub>2</sub> monitor EXPLAINED...



Good ventilation is key to helping reduce the spread of Viruses. Your Vision CO<sub>2</sub> Monitor measures your air quality and advises if further ventilation is required!

There is 400ppm CO<sub>2</sub> in the outside air, and we breathe out approximately 40,000ppm per breath. An increase in CO<sub>2</sub> levels indicates that the air we have exhaled has not been removed, and this may include virus particles.

High CO<sub>2</sub> levels are also associated with fatigue and a reduction in concentration.

Environment	Green	Yellow	Amber	Red
<p>High Occupancy &amp; General Usage</p>	<p>Aim for &lt;800ppm when possible</p>	<p>Provide additional ventilation</p>	<p>Provide significant ventilation</p>	<p>Vent on Max or windows fully open</p>
<p>Low Occupancy or High Activity</p>	<p>Aim for &lt;600ppm when possible</p>	<p>Provide significant ventilation</p>	<p>Vent on Max or windows fully open</p>	<p>Limit occupancy or reduce activity</p>

## What do I need to do?

There should always be some background ventilation. A few windows being slightly open creates air flow through a room. If internal doors are used for ventilation, please consider which areas the air may pass into.

CO<sub>2</sub> levels may take time to rise and fall so take small steps to find a balance between air quality and thermal comfort, prioritising air quality wherever possible.

If levels regularly exceed 1,500ppm, the existing ventilation or room usage should be reviewed, and if there are any uncertainties, please contact a ventilation specialist.

